



## FORK DISHES MENU

## HOT MEALS

Individual serves (16oz) \$16.45ea

Chicken + Cashew Stir Fry with Rice **GF DF H**

Thai Green Chicken Curry with Rice **GF DF H NF**

Malaysian Beef Rendang with Rice **GF DF H**

Spinach & Ricotta Tortellini with Napoli Sauce & Basil **V H NF**

Sweet Potato, Chickpea & Coconut Red Curry with Rice **VG GF H NF**

## SALADS

Share Bowl (5 oz) \$3.95ea

Individual Serves (16oz) \$10.85ea

Tandoori Chicken Salad with a Tzatziki Dressing **GF H NF**

Falafel Garden Salad with a Sesame Dressing **VG GF H NF**

Roasted pumpkin, capsicum, spinach and feta salad **V GF H NF**

## BUDDAH BOWLS

Individual serves (1000 ml) \$19.95ea

Charred chicken, sweet potato, quinoa with balsamic glaze **GF DF H NF**

Sweet potato, chickpea, brown rice with green goddess dressing **VG GF H NF**

Smoked salmon, soba noodles and edamame with Japanese Dressing **DF H NF**

*All prices inclusive of GST*

*Minimum 10 of any variety*

*Delivery fees & weekend surcharges apply*

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**V** Vegetarian **VG** Vegan **GF** Gluten Friendly **DF** Dairy Free **H** Halal Friendly **NF** Nut Free

